Short Breaks Workshop

15 October 2018, Liverpool

- **Are you living with dementia in Liverpool?**
- **Do you care for someone living with dementia in Liverpool?**
- **Do you want to share your experience and opinions of short breaks?**

Life Story Network have been commissioned to support the Dementia Action Alliance Liverpool and Liverpool Clinical Commissioning Group to refresh local dementia strategy. As part of this work we are developing a collaborative approach to co-designing short breaks services with people living with dementia, carers and professionals. We want people living with dementia and carers to contribute to this process by taking part in a one day workshop. At the workshop we will explore what a good model of short term breaks, that provides a positive experience for the person with dementia as well as the carer, would look like. The outputs from the workshop will be included in the Liverpool Dementia Strategy refresh.

Where and when?

Monday 15th October 2018

10:00 - 16:00

Brain Charity, Norton Street, Liverpool L3 8LR

Why?

The aims of this workshop are to:

- To establish the current lived experience of short breaks services for people with dementia and carers
- To offer the opportunity for people with dementia, carers and professionals, including commissioners and providers to come together and to identify gaps in service and any barriers to access
- To contribute to Liverpool Dementia Strategy refresh driven by what matters to people with dementia and carers

Programme

10.00 – 10.30	Arrival, registration, drinks
10.30 – 10.45	Introduction and brief overview of the day
10.45 – 12.30	Group discussion (separate discussions for carers and people with dementia)
12.30 - 13.30	Lunch
13.30 – 14.45	Group discussion with professionals, commissioners and providers
14.45 – 15.15	Round up session and Conclusion

What you can expect

We will reimburse travel expenses and provide lunch and refreshments.

Register Today

To register or find out more contact **Lena** on **lena@lifestorynetwork.org.uk** or **0151 237 2669**

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