



Name of GP Practice	Things to know
<p>Oak Vale Medical Centre The Five Ways Centre, 215 Childwall Road, Liverpool, L15 6UT</p> <p>Call: 0151 295 9330</p> <p>www.oakvalemedicalcentre.co.uk</p>	<p>To register, you should download the registration forms from the website; or you can collect these from the practice.</p> <p>You will need to complete these, and return them to the practice, along with ID.</p> <p>You can book an appointment via the website.</p>
<p>Rutherford Medical Centre 1 Rutherford Road, Liverpool, L18 0HJ</p> <p>Call: 0151 722 1803</p> <p>www.rutherfordmedicalcentre.co.uk</p> 	<p>You can register online via the website, or by using the QR code provided..</p> <p>You should call the surgery for an appointment, and you will be triaged, or you can submit an 'eConsult' to the practice and they will contact you: https://rutherfordmedicalcentre.webgp.com/</p>
<p>Valley Medical Centre 5 Hartsbourne Avenue, Childwall, L25 1RY</p> <p>Call: 0151 317 6350</p> <p>www.valleymedicalcentre.co.uk</p> 	<p>You can register online via the website, or by using the QR code provided.</p> <p>Practice is currently operating a telephone triage system. You should call at 8am, and you will be called back to discuss your health concerns. If deemed necessary, you may be offered an appointment in the practice.</p>

Liverpool Walk In Centres

- **City Centre Walk In Centre** – The Beat, 6 David Lewis Street, Liverpool, L1 4AF.
- **Old Swan Walk In Centre** – Crystal Close, L13 2GA.
- **South Liverpool Walk In Centre** – South Liverpool Treatment Centre, Church Road, L19 2LW.

Walk In Centres provide consultations, advice and treatment for minor injuries and illnesses.

Liverpool Walk In Centres are open 8am to 8pm seven days per week. Before attending, it is recommended you contact NHS 111 to check this is the service you require, as they may be able to help arrange your appointment.

You can also turn up to any Walk In Centre without an appointment.

Dental Care

Dental services in Liverpool are currently extremely limited. As at Sept 22 there are no dentists accepting new NHS patients. Some have very long waiting lists that they could add your name to so that you might get seen at some point in the future.

If you have an existing dentist in your home area, we strongly recommend you keep them.

As the list of local dentists with waiting lists is changing regularly, to find out the most up to date information about dental waiting lists, please contact the Healthwatch Liverpool team, using the contact details found at the end of this page.

We will do our best to provide you with the latest information.

Emergency Dental Helpline – EMERGENCY APPOINTMENTS ONLY

Call 0161 476 9651 (8am to 10pm every day, including weekends and Bank Holidays).

This service can only be accessed in an emergency – i.e. if you are in severe dental pain. Phone the number shown to the left. You will be asked questions about the dental issue you are experiencing, and a dental nurse will assess whether you require an emergency dental appointment, and book this if required.

Sexual Health Services

You can access sexual health services, which provide lots of services including emergency contraception, other various types of contraception, a range of STI screening, referrals for some counselling, pregnancy testing, abortion referrals and some services offer cervical screening.

To find out more about how to access these services, the latest changes to clinics and services, book a clinic appointment, or get more info on what these services can offer, go to:

- **Liverpool Sexual Health:** www.sexualhealthliverpool.co.uk/
- Access at home / postal STI testing, the pill, emergency contraception, and condoms, online: <http://axess.clinic>

NHS 111

To get help from NHS 111, you can:

- **Call 111**
- **go to 111.nhs.uk**

If you have difficulties communicating or hearing, you can:

- **call 18001 111 on a text phone**
- **use the [NHS 111 British Sign Language \(BSL\) interpreter service](https://signvideo.co.uk/nhs111/) if you're deaf and want to use the phone service – <https://signvideo.co.uk/nhs111/>**
- **You can request a translator if English is not your first language**

NHS 111 is available 24 hours a day, 7 days a week.

NHS 111 can help if you have an urgent medical problem and you're not sure what to do.

You answer questions about your symptoms on the website, or by speaking to a trained adviser on the phone.

Depending on the situation you'll:

- find out what local service can help you
- be connected to a nurse, emergency dentist, pharmacist or GP
- get a face-to-face appointment if you need one
- be told how to get any medicine you need
- get self-care advice